## Open Session Meet Entry Information adidas Meet Of Champions Distance Classic - March 22, 2014

We would like to invite your team to participate in the 23 rd annual adidas Meet Of Champions Distance Classic sponsored by adidas and hosted by Azusa Pacific University and Arroyo High School to be held on Saturday, March 22, 2014, at Azusa Pacific University.

There are two Sessions each year in the adidas Meet Of Champions Distance Classic: the Open Day Session and the Elite Night Session. Your school's top athletes will be placed in the Elite Night Session of the meet and your other runners will be placed in the Open Day Session based on their qualifying times.

Once again the winner of the "Meet of Champions Dream Mile" race in the boys varsity and girls will qualify for the adidas "Dream Mile", which will be held during the adidas Grand Prix meet in New York in June. All qualifiers will have all their expenses, including air and hotel costs, covered by adidas. The Dream Mile brings the top male and female high school runners in the country together in one race in the Grand Prix meet, which will also feature virtually every top American track athlete as well as several others from around the world.

We will be awarding custom designed MOC medals for all races.
The evening invitational 800,1600 and 3200 s will be run from 7:00 PM to $9: 30 \mathrm{PM}$ and will feature the top two heats in all three divisions in the 800,1600 and 3200. This night "Invitational \& Rated" section of the meet will be open to all individuals who qualify; however, our "Open" section of the meet during the day is still open to only runners from our " 50 " teams, and you are one of those 50 . You may enter all of your runners, and regardless of ability, each one will be in a heat with other runners of the same ability, and we will award custom medals to the top placers in every heat.

In that nighttime "Invitational" section of the meet, we will run the full mile distance, but we will also have a finish camera at the 1600 meter mark to record official 1600 meter times.

These are the automatic qualifying marks that will guarantee your athlete is placed in the nighttime Invitational section of the meet. After all entries are received, the next athletes entered by time will be added to the invitational and rated sections of the nighttime meet to complete the fields.

| Division | Boys Var | Girls | Boys FS |
| :--- | :---: | :--- | :---: |
| $\mathbf{8 0 0}$ | $\mathbf{1 : 5 8}$ | $\mathbf{2 : 2 0}$ | $\mathbf{2 : 0 4}$ |
| $\mathbf{1 6 0 0}$ | $4: 19$ | $5: 02$ | $4: 29$ |
| 3200 | $9: 29$ | $11: 04$ | $9: 49$ |

If for some reason you are not planning on bringing your team this year, please let me know ASAP as we have quite a waiting list of schools that would like to participate.

Once again this year all entries will be done on line.
Runners will be seeded into heats based on the times you submit. All heats will be finals with medals in each race. It is of utmost importance that coaches be as honest as possible in submitting qualifying times, so each race is fair to all participants. You can update your entries on-line until Thursday night, March 13, 12:00 midnight. (Please note, this is a few days earlier than previous years since many of you have asked for specific seeding info earlier in the week of the meet to arrange transportation. We plan to have the seeding done by Sunday night and the entries and specific heats and start times will be emailed to each of you on Monday morning, March 17.

If there is any way we can make any part of this meet more of a positive experience for you or your athletes, please do not hesitate to call or let us know.

Meet Date: $\quad$ Saturday, March 22, 2014 (Rain or Shine)
Starting Time: 7:00 AM Girls 3200 (Races 3, 4 and 5 if needed)
Place: Azusa Pacific University
Entry Information: The entire entry process is on line. Here is the process you must follow!

1. You must first send an e-mail to...
torourke@emuhsd.k12.ca.us
PLEASE DO THIS IMMEDIATELY!
In that e-mail, please list the following:
-SCHOOL NAME
-COACH'S NAME
-CELL PHONE NUMBER WHERE YOU CAN BE REACHED
-APPROXIMATE NUMBER OF ATHLETES YOU WILL BE ENTERING IN EACH DIVISION:
*BOYS VARSITY
*BOYS FROSH-SOPH
*GIRLS
2. Once we have received your e-mail, we will send you in a return e-mail the following:

## -MEET ENTRY WEBSITE ADDRESS

-YOUR SIGN-IN NAME

## -YOUR PASSWORD

Begin Entering: You may begin entering your athletes any time after February 1, 2014.
Updating Entries: You can update marks, add new athletes, or delete athletes up until Thursday, March 13 at 12:00 Midnight. At that point no new entries will be accepted.

Entry Fee Payment: As soon as you are finished entering your athletes or after you have made final entry updates on Thursday, March 13, the web site will indicate exactly how much your entry fee will be.

YOU WILL BE EXPECTED TO PAY THAT FULL AMOUNT ON MEET DAY BEFORE ANY OF YOUR ATHLETES ARE ALLOWED TO RACE. EVEN IF YOU BRING LESS ATHLETES THAN YOU OFFICIALLY ENTERED, YOU WILL BE EXPECTED TO PAY FOR THE NUMBER OF ENTRIES YOU HAVE SUBMITTED BY THURSDAY, MARCH 13.

ALL ENTRIES MUST BE RECEIVED ON-LINE BY THURSDAY, MARCH 13, 2014 BY 12:00 PM MIDNIGHT.

## ALL ENTRIES MUST BE SUBMITTED ON LINE-NO EXCEPTIONS!

Entry Limit: Each athlete may enter up to four events as per CIF rules
Entry Fee: $\quad \$ 5.75$ per athlete per event
(Make checks payable to "Arroyo High School")
You may bring your entry fee check to the meet; however, if you do not bring a check for the full amount, none of your athletes will be allowed to compete.

Divisions: Varsity Boys, Frosh-Soph Boys Girls

Seeding: Each race will be seeded by the times entered on the entry form.
Every runner will get a chance to compete for medals.
-There will be approximately $14-18$ runners in each 800 heat.
-There will be approximately 16-22 runners in each 1600 heat.
-There will be approximately 18-30 runners in each 3200 heat.

Awards: $\quad$ Each race is a final and medals will be awarded for each race.

In the $800 \quad 1-6$ medal
In the 1600
1-8 medal
In the 3200
1-12 medal

* We always increase the number of medals if we create larger fields. Most of the time we medal approximately just less than half the field.

T-Shirts adidas "Meet of Champions" T-Shirts will be sold.
Additional Info: If you have any questions or suggestions, please call or e-mail:
Tim O'Rourke
Cell: 626-253-0693
School: 626-258-5330
e-mail: torourke@emuhsd.k12.ca.us
Attached to this email is the Tentative Time Schedule. The final time schedule and the specific heats each runner is assigned will be emailed to your school on Monday, March 17.

