

I am just delighted to share with you that we have come up with a plan to be able to host a very limited special elite night section of the Meet of Champions THIS YEAR on Saturday, April 24th on the beautiful new track at Arcadia High School between 7:30 PM and 9:30 PM.

This will be a CIF-SS sanctioned event. There will be no unattached competitors permitted to compete. All athletes must represent their school, and a coach from that school must accompany the athlete to the meet.

At 6:00 PM, Arcadia will then host a meet for the Pacific League Distance runners. At 7:30 PM, we will be able to host an elite section of our Distance Classic from 7:30 PM to 9:30 PM.

I am sorry we will not be able to host all the athletes that would like to run, however, to make the numbers work to stay within the restrictions placed this week by Los Angeles County we will have to limit the fields to only the very top varsity boys and girls in each event.

There will be only 10 races: two each boys and girls 800s, two each boys and girls 1600s and one each boys and girls 3200. There will be no frosh-soph races.

I realize that many of you have not had a chance to run your top kids in a competitive meet this season, so we cannot rely solely on 2021 track times for everyone; **HOWEVER, WE DO NEED YOU TO BE ABSOLUTELY HONEST IN SUBMITTING YOUR ELITE RUNNER ENTRIES.** If you have a runner you know for sure will run under the qualifying times listed below, you may enter him or her.

If we get more entries than we can take in any one event, we will have to make some cuts. If there is a doubt, we will look to actual times previously run to determine who to accept into a heat. Entering does not guarantee that your athlete is in the meet.

Here are the qualifying times:

Event	Girls	Boys
800	2:22	1:59
1600	5:09	4:22
3200	11:09	9:29

Please email me directly and I will send you a password and login information to register your athletes.

Email...

Torourke04@yahoo.com

We will take entries until Tuesday, April 20 at midnight.

We will set up the heats, lane assignments, and the time schedule and email that to you on Wednesday.

Here is how we will proceed on the day of the meet to stay within safety protocols.

We will assign all heats and hip numbers prior to the meet.

The Entry Fee will be \$15 per runner. For that \$15, the runner gets into the meet, and the school will get one wristband for one family member to also get attend.

We will put all the hip numbers and wristbands in a single envelope prior to the meet. Each school will give us an entry fee check (no cash), and the coach will be given the envelope with their entries.

The school will distribute their wristbands and hip numbers to their runners and family members attending.

Thanks,

Tim O'Rourke